



Food Literacy

A New Horizontal Theme in Adult Education and Counselling

Nr 5

Knowing and Eating

Our project is designed as a contribution to a nutrition culture based upon sustainability, individual self-determination and the joy of eating. It introduces Food Literacy as a new horizontal theme into adult education and counselling, sensitises multipliers and trainers in adult education and people in counselling organisations working with less educated target groups, develops materials in order to integrate Food Literacy into various educational and counselling opportunities - from the computer course to debt counselling and enables trainers and counsellors to make Food Literacy more accessible to their clients.

We invite you to the table!

www.food-literacy.org

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Multiplier Seminar "Food Literacy"

On June 22th and 23th 2007, our Food Literacy project was presented to training providers and stakeholders from other EU countries that did not participate directly at the project in the framework of a multiplier seminar at Maritim Park Hotel, Slokas iela 1, 1048 Riga.



Besides a general introduction "The project "Food Literacy" and its background" further lectures were given as follows

- "Nutrition and Nutrition Competences" Angelika Ploeger, University Kassel
- Presentation of project results and products Sonja Schnögl, Initiative Geschmacksbildung
- "Let's try some Yogurt" – Practical Example from the Toolbox Rosemarie Zehetgruber, Initiative Geschmacksbildung



Food Literacy Workshop: How to implement the subject nutrition into daily work in adult education

Read more at www.food-literacy.org